## State of South Caroling Sovernor's Proclamation

WHEREAS, quality recreational opportunities contribute to physical fitness, mental well-being, and family unity and enhance our quality of life; and

WHEREAS, swimming and other aquatic activities promote coordination, flexibility, and strength while building self-esteem, self-confidence, and good health; and

WHEREAS, the 2005 observance of National Aquatic Week calls attention to the positive health benefits of recreational swimming and aquatics.

NOW, THEREFORE, I, Mark Sanford, Governor of the Great State of South Carolina, do hereby proclaim July 17 - 23, 2005, as

## AQUATIC WEEK

throughout the state and encourage all South Carolinians to work together to ensure the continued availability of quality recreational opportunities for our residents.



The Em

MARK SANFORD
GOVERNOR
STATE OF SOUTH CAROLINA